

CERTIFICATE OF PARTICIPATION

This is to certify that

jason fritz

Has successfully participated & completed the

13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 01:43:42

PACE 07:57/km

OVERALL 46 of 108

GENDER 37 of 69

40 - 49 17 of 30

27 January 2019, Sun

Date



BoutTime

Signature

